

*****STRICTLY EMBARGOED UNTIL TUESDAY 25 JUNE,
00:01 GMT*****

Labour constituencies have the fastest broadband, new study finds

- Over 62 million UK speed tests were collated by Cable.co.uk and divided by parliamentary constituency between 1 July 2023 and 13 May 2024, using extensive data from M-Lab NDT
- Labour constituencies have the fastest average speeds (126.75Mbps), followed by the Conservatives in second place (121.20Mbps), independents and smaller parties collectively came in third (116.42Mbps), followed by the Liberal Democrats (112.97Mbps), and the SNP coming in last place (111.46Mbps)
- The fastest constituency in the UK is Swansea West (Independent, 192.61Mbps), while the slowest is Na h-Eileanan Siar (Also independent, 40.69Mbps)
- Labour has six of the top ten fastest constituencies in the UK, with the Conservatives having three, along with one independent
- Taken collectively, the constituencies of Labour's Shadow Cabinet have faster speeds on average (120.55Mbps) than the current cabinet under the Conservatives (116.22Mbps)
- Of the constituencies of the party leaders, Liberal Democrat leader Ed Davey came top (163.49Mbps), Keir Starmer second (131.06), and Rishi Sunak third of the three main parties (97.25Mbps)
- Prime Minister Rishi Sunak's constituency, Richmond and Northallerton, came in 595th fastest, or 56th slowest with a speed of just 97.25Mbps
- Cable.co.uk's global telecoms research is regularly featured in leading publications around the globe including the [BBC](#), the [World Economic Forum](#), [NBC](#), [Al Jazeera](#), [The Guardian](#), [Bloomberg](#), [Fortune](#), [The Washington Post](#), [The New York Times](#), [LA Times](#), [Quartz](#), [Vice](#), [Mashable](#) and many more, as well being cited by politicians around the globe, and by fact-checking organisations such as [Fullfact.org](#)
- You can download the full data set, along a detailed research methodology, and various graphics and interactive tools [via this study's landing page](#) –
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Notes for editors

- **IMPORTANT NOTICE:** When using our data it is vital you link to [the source page for this project](#). While we respect individual editorial policy, the dissemination of our data from one site to another without our involvement means that without a traceable path back to the source, articles can and will begin appearing without crediting our work. Please consider this when

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- A full methodological description can be found in the downloads section of [the source page for this research](#) – reading this document in full will shed greater light on how this data was gathered, analysed and compiled
- The study should be credited to Cable.co.uk. The data should be credited to M-Lab NDT Data Set 2023-07-01–2024-05-13. (<https://measurementlab.net/tests/ndt>)
- If you have any questions not covered in this release, on [the source page](#) or in the downloadable documentation found on said page, please contact Dan Howdle (dan@cable.co.uk) and we will attempt to get an answer for you as quickly as possible. However, we must inform you that providing more detailed data or analysis on specific countries is not a service we provide, and that the methodology should be read in full prior to sending your query, since most common questions are answered there